

# Strawberry Granola with Milk

Directions:

1. Open pouch and remove oxygen absorber.
2. May be prepared with Hot or Cold water.
3. Add 1 cup (8oz) water to ingredients or you may crease / fold pouch at water line 5 then fill water to water line 5.
4. Stir well and enjoy.



**0g TRANS FAT  
PER SERVING**

INGREDIENTS: French Vanilla Almond Granola [Organic Rolled Oats, Cane Juice, Canola Oil, Crisp Rice (Milled Rice, Cane Juice, Salt, Barley Malt Syrup), Honey, Cornstarch, Almonds, Natural Vanilla Flavor, Sea Salt, Spices], Instant Nonfat Milk Powder, Freeze-Dried Sliced Strawberries, Sweet Cream Powder (Pasteurized Sweet Cream, Skim Milk Solids, Sodium Caseinate, Lecithin, BHT), Honey Powder (spray dried with Maltodextrin).

**Contains Milk, Tree Nuts.**

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## Nutrition Facts

Serving Size 3.25 oz (92g)

Servings Per Container 2

Amount Per Serving

**Calories 360**    Calories from Fat 90

% Daily Value\*

**Total Fat 10g**    **15%**

Saturated Fat 1g    **5%**

Trans Fat 0g

**Cholesterol 5mg**    **2%**

**Sodium 160mg**    **7%**

**Total Carbohydrate 49g**    **16%**

Dietary Fiber 4g    **16%**

Sugars 19g

**Protein 13g**

Vitamin A 0%    • Vitamin C 25%

Calcium 25%    • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

